

# Introduction to Agile Work

Agile Work methods promise early, continuous and accelerating return on investment for stakeholders and high degrees of job satisfaction for team members. In this one-day interactive workshop, you will learn the basic principles and practices of Agile Work. The workshop format allows you to experience Agile Work at a practical level, not just in a theoretical way. This workshop is for people who would like to try out Agile Work to see if they can gain some quick wins in effectiveness and efficiency. It is also the first day of the more intensive training programs for Agile Work Process Facilitators, Team Members and Queue Masters.

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## Agenda

### Introductions

#### History and Theory of Agile Work

What is Agile Work and Why Should You Care? • Agile Work Axioms • Truthfulness • Agile Work Disciplines

#### Overview of Agile Work

Agile Work Practices • Agile Work Roles • Agile Work Meetings • Agile Work Artifacts

#### Benefits of Agile Work

Results • Options • Control • Trust and Enjoyment • Common Challenges

#### The Learning Circle

What and How • Action, Reflection, Learning, Planning • Adult Learning • Organizational Learning

#### Agile Work Simulation Exercise

A facilitated exercise in practicing Agile Work using a simulated work problem and environment. The class will try out Agile Work practices on a micro-scale.

#### Open Discussion

#### Conclusion

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## About The Trainer, Mishkin Berteig

Mishkin Berteig is a seasoned agile coach and instructor with 10 years of experience with agile methods. He has worked with clients such as CapitalOne, Siemens and Telus as well as numerous smaller organizations. Mishkin is principle contributor to [Agile Advice](#).

*Mishkin is a very effective trainer who successfully communicated some abstract ideas to a challenging class in a suprisingly brief period of time. - Jason Dugard, PMO, Telmetrics*

## Course Details

Duration: 1 day from 8:30am to 5:30pm

Breaks: 3 coffee breaks of 10 minutes and 1 lunch break of 60 minutes

Class Size: <30 people (offered both publicly and as a private in-house course)

Prerequisites: A short set of readings and a copy of the course materials will be provided to attendees five business days prior to the course. Attendees will be expected to read these materials. As well, all attendees will be expected to successfully complete a short online quiz in order to be granted admission to the course. The quiz will be open-book and based upon the readings and course materials.

Price: **please see the listing of public courses on [www.berteigconsulting.com](http://www.berteigconsulting.com).**